

HOW TO READ A MAMMOGRAM

1

TECHNICALLY OK

Correct technique with no motion. Is there adequate visualization of the pectoralis & nipple.

2

SIZE, SYMMETRY, SURGERY

The 3 S's. Compare side to side to get a general overview of the breasts.

3

COMPARISON WITH PRIORS

Prior studies are your best friend. Go back at least 2 years if at all possible. Try hard to obtain priors.

4

MLO SHADE SYMMETRY

Go from top to bottom looking at 1/3 of the breast at a time. Then repeat with a magnified view.

5

MLO 5 SPOTS

Don't forget to evaluate the axilla, subareolar, glandular interface, danger zones & whitest on film.

6

CC SHADE SYMMETRY

Go from lateral to medial looking at 1/3 of the breast at a time. Then repeat with a magnified view.

7

CC 5 SPOTS

Don't forget to evaluate lateral, subareolar, glandular interface, danger zones & whitest on film.

8

TOMOSYNTHESIS (IF AVAILABLE)

Go through all the cine images. You are primarily looking for architectural distortion.

9

CAD (COMPUTER AIDED DETECTION)

Click CAD on and off. Give each marked area a quick second look. The vast majority you will ignore.

FOR MORE INFORMATION VISIT:

MAMMOGUIDE.COM